



Tournament Protocols

Bragg Creek 2024 UTTC Invitational

1. Expectations of Behaviour

Our main goals are safety and competitor fun. We aim to host a safe, and fairly officiated event. With that said, some mistakes may happen. Even so, derogatory language or unsportsmanlike behaviors from masters, coaches, competitors, parents, and teammates will not be tolerated.

2. Patterns

Individual patterns will be judged on balance, power, stances, and flow. Judges will choose the winner based on those criteria. The style of the pattern will not affect the outcome. Competitors will be allowed to perform the pattern for their current rank or one rank below, otherwise disqualification may result.

3. Sparring

Target Areas and Scoring

- **High Section** techniques must be executed above the shoulders and from the ears forward. Techniques will not be counted as a point if they are executed to the back or the top of the head, behind the ears, neck or throat.
- **Middle Section** techniques must be executed between the shoulders and the top of the belt. Techniques must also be executed to the front or sides of the body torso. Techniques will not be counted as points if they are executed to the back, arms, or anywhere below the belt.
- **Points: Hand techniques will be awarded one (1) point. Kicking techniques will be awarded two (2) points.** Punching combinations will be scored one (1) point for the combination. Points will be awarded for clean and controlled techniques. Wild techniques will not be awarded points and may result in warnings or minus points.

Safety Equipment

- All competitors **age of 10 years+ or green belts or higher** are required to have safety equipment.
- All safety equipment is the responsibility of the competitor and includes:
 - **Fitted Mouth Guard**
 - Soft Foam Dipped, Leather, or Vinyl **Head Gear**
 - Soft Foam Dipped, Leather, or Vinyl **Hand and Foot Gear**
 - Hand gear must not exceed the mass of 10 oz.
 - Each must cover all fingers, toes, and heels.

- Males must wear a **Groin Protector**
- Chest guards are allowed, but optional
- All safety equipment must show no signs of damage or modification (examples include, but not limited to rips, tears, cracks, or tape)
- If a competitor has equipment that is deemed non-compliant, they will have until their first match begins to find approved replacement equipment. Any forgotten, non-compliant equipment, failure to find approved equipment may result in disqualification.

Minor Infractions

- Holding, grabbing, pushing, turning back to opponent, out of bounds (two feet), intentional falling, faking injury, attacking the groin, wild techniques, attacking with the knee, kicking below the belt, showing off, foul language, contact to the back or back of the head, distraction by coach/parent/spectator.
- The above warnings are considered minor infractions. Competitors will receive two (2) warnings of any infraction before receiving one (1) minus point. If a competitor accumulates three (3) minus points they will be disqualified.

Major Infractions

- Head butting, attacking a fallen opponent, intentional contact to the body or head, attacking after the referee has stopped the match, and bad behaviour.
- These are a list of the major infractions that can be issued minus points or disqualifications. If a competitor accumulates three (3) minus points they will be disqualified.

Contact Infractions

- Contact infractions will be dealt with separately from minor infractions. Competitors will receive one (1) warning for excessive contact. After that further infractions will result in minus points. If a competitor receives a total of three (3) minus points they will be disqualified.

Levels of Contact Based on Age and Rank

- Ages 6 to 12 years, White 10 to Red 1 → **Incidental contact** may occur. Incidental is accidental (unintentional) minor contact. Intentional contact is not allowed.
- Ages 13+, White 10 to Red 1 → **Touch contact** to the body and **incidental contact to the head**. No intentional contact to the head. Touch is defined as the safety equipment contacting the target area without any further force being applied. The force of the attack should cease at the moment of contact so that no pressure other than that of the touch is felt by the opponent.
Ages 13+, Black → **Light contact to the body**, and **touch contact to the head**. Light contact is defined as the safety equipment making contact with the target area and further force can be applied. The force of the attack should not cause the body to be winded or cause the player to stop. Touch is defined as the safety equipment making contact with the target area without any further force being applied. The force of the attack should cease at the moment of contact so that no pressure other than that of the touch is felt by the opponent.
- If a Black Belt is placed in a colour belt division; they must adhere to the colour belt levels of contact.